

‘We the seekers’ of experiences which alter and expand our state of awareness, are entitled to a set of basic rights which assist us in having agency over and advocate for, our personal health and well-being to our fullest capacity and understanding.

Each of the rights listed below hold in the highest regard our respect for these heightened, expansive, delicate, and sacred states of being.

We express our right to:

1. Present these rights as a standard guideline in how ‘we’ request to be informed, empowered, and supported throughout our experience from preparation to integration.
2. Informed participation in the experience, including access to educational materials, guidelines, protocols, and resources to support us in our process with expanded states.
3. An agreement about consent and comfort levels around the use of physical touch by a guide at any point during the experience and collaboration with one another.
4. Access to a fully supported process including intake/assessment, consent, protocol, guidelines, and resources for a preparation and integration process.
5. Access to resources for community support and connection, including local psychedelic groups/chats, medical care, healthcare professionals, or local authorities.
6. Access to an emergency services plan in the advent of a medical emergency, in which one may require professional medical attention.
7. Medicine that is sourced ethically and sustainably, with consideration to its origins and sacred nature.
8. The care of a guide(s) who will be available prior to, during, and post experience, for individual support at a level that will best fit each individuals needs.
9. An awareness of medical contraindications, as well as, mental, emotional, and physical states of being that may preclude one’s participation by placing their well- being or the well-being of another at risk.

10. Refuse services and/or request a refund, if and when appropriate.
11. A guide who is knowledgeable and experienced in their respective field(s) of practice, who follows a form of ethical standards and is transparent with their background and process.
12. A guide who is trauma informed and implements harm reduction techniques. A guide who does not misuse or hold dominion over their position of power.

By having these basic standards and guidelines met, I am hereby willing and able to assume full responsibility for myself and my well-being. I will demonstrate respect and honor for the process of every individual in the space. I hereby ascertain and attest that to the best of my knowledge I am of sound mind and body to participate in this experience with little to no risk to myself or others.